Love & Quiches GOURMET®

Desserts from the Heart®

Oatmeal Chewie Grab And Go Brownie

Nutrition Facts

Serving Size 1.5oz (43g)
Servings Per Container 2

Amount Per Serving	
Calories 180	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 105mg	**4%**
Total Carbohydrate 26g	**9%**
Dietary Fiber 2g	**8%**
Sugars 15g	
Protein 2g	

Vitamin A 6% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Handling Tips:

Defrost in refrigerator overnight. Serve warmed. Refrigerate leftovers up to 5 days.

Shelf Life:

60 Days Ambient

LQ Code	BULQ29
Case UPC	4003201100452 2
Pac	4 Display Trays of 12
Count	48
Gross Case Weight	10.83
Case Dimensions	12.125 x 10.5 x 5.75
TI/HI	12 x 10

Ingredients:

Oats, Light Brown Sugar, Margarine (Soybean Oil, Palm Oil, Water, Salt, Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (Preservative), Butter , Vitamin A (Palmitate)), Sugar, Enriched Caked Flour, Raisins, Whole Eggs, Vanilla N/A (Natural & Artificial Flavors), Cinnamon, Baking Soda, Salt.

Contains: Egg, Milk, Soy, Wheat.

Manufactured on Equipment that Processes Peanuts and Tree Nuts.

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