Love & Quiches GOURMET®

Desserts from the Heart®

Greek Yogurt Cheesecake

Our rich creamy New York style cheesecake made with Greek Yogurt, thus offering less fat and calories while increasing the protein.

Nutrition Facts

Serving Size 14 (138g)
Servings Per Container

Amount Per Serving

Calories 360	Calories from Fat 170
	% Daily Value*
Total Fat 18g	**28%**
Saturated Fat 9g	**45%**
Trans Fat 0g	
Cholesterol 40mg	**13%**
Sodium 370mg	**15%**
Total Carbohydrate 38g	**13%**
Dietary Fiber 0g	**0%**
Sugars 30g	
Protein 10g	

Vitamin A 15% • Vitamin C 0%

Calcium 10% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Handling Tips: Defrost in refrigerator overnight. Serve chilled. Refrigerate leftovers up to 5 days.

Shelf Life: Frozen: 12 months
Refrigerated: 5 days

LQ Code	CA1449
Case UPC	2003201100975 2
Pack/Size	2- 10" Round
Cut	1
Gross Case Weight	10.43
Case Dimensions	11.75 x 11.75 x 7
TI/HI	12 x 11

Ingredients:

Neufchatel Cheese (Pasteurized Milk Cream, Cheese Culture, Salt, Carob Bean Gum), Sugar, Egg Whites, Non-Fat Yogurt (Cultured Grade A Skim Milk, Milk Protein Concentrate, Modified Food Starch, Pectin, Vitamin D, Live and Active Cultures: Streptococcus Thermophilus, L. Bulgaricus, L. Acidophilus, Bifdobacterium, Lactis, L. Casel), Graham Cracker Crumbs,(Wheat), Margarine (Soybean Oil, Palm Oil, Water, Salt, Mono and Diglycerides, Soybean Lecithin (Soy), Sodium Benzoate [preservative], Natural Butter Flavor [colored with Annatto], Vitamin A Palmitate), Wheat Flour, Modified Food Starch, Water, Vanilla Flavor , Salt, Cinnamon

Contains Egg, Milk, Soy, Wheat.

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS AND TREE NUTS

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