



Desserts from the Heart®

Mile High Carrot Cake

Traditional Favorite! Three-layer oversized carrot cake infused with walnuts and plump raisins, topped and filled with cream cheese frosting, and garnished with chopped walnuts.



Handling Tips: Defrost in refrigerator overnight. Serve chilled. Refrigerate leftovers up to 5 days.

Shelf Life: Frozen: 12 months
Refrigerated: 5 days

Nutrition Facts	
Serving Size 7oz (198g)	
Servings Per Container 14	
Amount Per Serving	
Calories 750	Calories from Fat 370
% Daily Value*	
Total Fat 41g	63%
Saturated Fat 12g	60%
Trans Fat 0.5g	
Cholesterol 105mg	35%
Sodium 390mg	16%
Total Carbohydrate 87g	29%
Dietary Fiber 3g	12%
Sugars 65g	
Protein 9g	
Vitamin A 100%	• Vitamin C 4%
Calcium 6%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

LQ Code	CA1472
Case UPC	2003201100823 6
Pack/Size	2- 10" Round
Cut	14
Gross Case Weight	14.09
Case Dimensions	11.75 x 11.5 x9.5
TI/HI	12 x 8

Ingredients:

Sugar, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Neufchatel Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Carrots, Wheat Flour, Shortening (Soybean Oil and Palm Oil), Soybean Oil, Whole Eggs, Pineapple, Walnuts, Coconut Flakes, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Cornstarch, Corn Syrup, Natural Vanilla Flavor, Salt, Eggs, Egg Yolks, Baking Soda, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch), Cinnamon, Milk.

Contains: Coconut, Egg, Milk, Soy, Walnuts, Wheat.

Manufactured on equipment that processes peanuts and tree nuts.