Love & Quiches GOURMET®
Desserts from the Heart®

1/2 Sheet Brookie

A delicious combination of our Sweet Temptations Blondie and Sweet Temptations Classic Brownie

Handling Tips:

Defrost in refrigerator overnight.

Shelf Life:

Frozen: 12 months
Refrigerated: 5 days

Nutrition Facts

Serving Size 3.53oz (100g)
Servings Per Container 24

Amount Per Serving	
Calories 400	Calories from Fat 160
	% Daily Value*
Total Fat 18g	**28%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 65mg	**22%**
Sodium 180mg	**8%**
Total Carbohydrate 56g	**19%**
Dietary Fiber 1g	**4%**
Sugars 35g	
Protein 5g	

Vitamin A 4%	• Vitamin C 0%
Calcium 2%	• Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

LQ Code	33020245-01393-0
Case UPC	03201101393 9
Pack/Size	2- ½ SHEETS
Gross Case Weight	10.60
Case Dimensions	17.75”x3.5”x13.5”
TI/HI	8x15

Ingredients:

Sugar, Wheat Flour, Eggs, Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Salt, Vanilla), Shortening (Palm and Soybean Oil with added Mono- and Di-glycerides), Soybean Oil, Cocoa (Alkalized), Water, Light Brown Sugar, Butter (Cream, Natural Flavors), Margarine (Palm Oil, Palm Fractions, Soybean Oil, Water, Salt, Emulsifiers [Distilled Monoglycerides, Soya Lecithin], Sodium Benzoate [Preservative], Butter Flavor, Citric Acid, Vitamin A & Colouring [Beta- Carotene]), Invert Sugar, Natural Vanilla Flavor, Salt, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch), Baking Soda.

Contains Milk, Egg, Soy, and Wheat.

MANUFACTURED ON EQUIPMENT THAT PROCESSES PEANUTS AND TREE NUTS.

178 Hanse Avenue, Freeport, NY 11520 - 800.525.5251 - 516.623.8800 - www.loveandquiches.com